# Darigabat Reduces Acute Panic and Fear Symptoms Induced by CO<sub>2</sub> Inhalation in Healthy Participants

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### Darigabat: A Rationally Designed, α1-Sparing GABA<sub>A</sub> Receptor PAM for the Treatment of Anxiety



- The anxiolytic effects of BZDs are attributed to the  $\alpha 2/3$ -containing GABA<sub>A</sub> receptor subunits, while many unwanted side effects of BZDs are associated with the  $\alpha 1$  GABA<sub>A</sub> receptor subtype<sup>3,4,6-8</sup>
- Darigabat (also CVL-865, PF-06372865) selectively enhances the effect of GABA at  $\alpha 2/3/5$  GABA<sub>A</sub> receptors while sparing activity at  $\alpha 1^9$

The objective of the current trial was to characterize the anxiolytic effect of darigabat in a  $CO_2$  inhalation translational model of panic and fear in healthy participants

BZD, benzodiazepine; GABA, γ-aminobutyric acid; PAM, positive allosteric modulator.

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#### Effects of BZDs and GABA<sub>A</sub> Receptor Subtypes<sup>1-8</sup>

	GABA <sub>A</sub> receptor subtype			
Effect	α1	α2	α3	α5
Analgesia		$\checkmark\checkmark$	$\checkmark$	$\checkmark\checkmark$
Anxiolysis		$\checkmark\checkmark$	$\checkmark\checkmark$	
Anticonvulsant	$\checkmark\checkmark$	$\checkmark\checkmark$		
Muscle relaxation		$\checkmark\checkmark$	$\checkmark\checkmark$	
Sedation	$\checkmark\checkmark$			
Cognitive impairment	$\checkmark\checkmark$	<b>?</b> a	<b>?</b> a	$\checkmark$
Addiction	$\checkmark\checkmark$	~		

<sup>a</sup>Remains uncertain due to a lack of aligned data.

# Diazepam's anxiolytic effect is diminished in α2 knock-out mice<sup>3</sup>



\$0.05

2

# The Hypercapnia (CO<sub>2</sub> Inhalation) Model

- CO<sub>2</sub> inhalation challenge is a translational model providing proof of principle for anxiolytic activity in early clinical development and is well established in healthy participants and patients with panic disorder<sup>1</sup>
  - Hypercapnia results in increased fear and panic, as measured by visual analog scales (VAS) and the Panic Symptom List (PSL)<sup>1</sup>
- The proposed mechanism underlying the anxiety induced by the hypercapnia model is a decrease in global GABA neurotransmission and an increase in noradrenaline in the amygdala<sup>2-4</sup>
- This model can be used to assess current and emerging treatments for anxiety<sup>2</sup>

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1. Liebold et al. *Trans Psychiatry* 2016;6:e885; 2. Bailey et al. *J Psychopharmacol.* 2011;25:1192-1198; 3. Bailey and Nutt. *Pharmacol Biochem Behav.* 2008;90:51-7; 4. Huckstepp et al. *J Physiol.* 2011;589(Pt 23):5561-5579.



CO<sub>2</sub> inhalation induces fear and panic symptoms in healthy participants and patients with panic disorder<sup>1</sup>



Figure. Effect of CO<sub>2</sub> on self-reported fear and panic symptoms in healthy participants and patients with PD. In healthy participants (gray), both fear (a) and panic symptoms (b) increased dose-dependently. Inhaling 35% CO<sub>2</sub> triggered a more robust response in patients (black) when compared with healthy participants. Data represent mean + standard error of the mean. (a) Compared with 0% CO<sub>2</sub>, *P*<0.001; (b) compared with 9% CO<sub>2</sub>, *P*<0.001; (c) compared with 17.5% CO<sub>2</sub>, *P*<0.001.

PD, panic disorder; PSL, Panic Symptom List; VAS-F, Visual Analog Scale - fear.

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# Darigabat Phase 1 Design in Acute Anxiety

Randomized, double-blind, placebo- and active-controlled crossover design with multiple doses over 8 days; the trial was conducted at a single site in the Netherlands (Centre for Human Drug Research)



#### **Primary endpoint:** Panic Symptom List-IV (PSL-IV) total score<sup>a</sup> **Secondary endpoint:** Visual analog scale - fear (VAS-F)

<sup>a</sup>The Panic Symptom List (PSL) includes 13 symptoms scored across a range of 0 (absent) to 4 (very intense) that is used to assess panic anxiety.<sup>1,2</sup> **1.** Liebold et al. *Trans Psychiatry* 2016;6:e885; **2.** Salvadore et al. *Transl Psychiatry*. 2020;10:308.

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## Participant Disposition and Baseline Characteristics

	Cohort 1 Darigabat 2 <u>5 mg BID/PBO</u>	Cohort 2 Alprazolam <u>1 mg BID/PBO</u>	Cohort 3 Darigabat 7.5 mg BID/PBO	Overall
Participants, n	N=18	N=20	N=18	N=56
Screened				241
Randomized	18	20	18	56
Discontinued	0	2	0	2
Adverse event	0	1 <sup>a</sup>	0	1
Withdrawal by participant	0	1 <sup>b</sup>	0	1
Age at screening, y				
Mean ± SD	26.4 ± 9.7	22.9 ± 4.7	27.7 ± 8.0	25.5 ± 7.8
Median	23.0	20.5	25.5	24.0
Sex, n (%)				
Male	6 (33)	6 (30)	12 (67)	24 (43)
Female	12 (67)	14 (70)	6 (33)	32 (57)
Race, n (%) <sup>c</sup>				
Asian	0	0	1 (6)	1 (2)
Black	0	1 (5)	0	1 (2)
White	17 (94)	18 (90)	15 (83)	50 (89)
Other or multiple	1 (6)	1 (5)	2 (11)	4 (7)
Body mass index, kg/m <sup>2</sup>				
Mean ± SD	$23.6\pm3.1$	$\textbf{22.9} \pm \textbf{2.9}$	$23.0\pm3.1$	$23.1\pm3.0$
Median	23.2	22.4	22.4	22.5

<sup>a</sup>Withdrew during the placebo treatment period due to adverse event of COVID-19 infection; <sup>b</sup>Withdrew during placebo treatment period. <sup>c</sup>Racial demographics were reflective of the local population of the clinical site that conducted this unique translational model. BID, twice daily; PBO, placebo.

# Robust Anxiolytic Effects of Darigabat Following CO<sub>2</sub> Challenge on Day 8



 Estimated α2 GABA<sub>A</sub> receptor occupancy was ~50% and ~80% at darigabat doses of 7.5 mg BID and 25 mg BID, respectively

Note: *P* values shown should be considered nominal as no hypothesis testing was planned in the protocol. BID, twice daily; LS, least squares; PSL-IV, Panic Symptoms List IV; SE, standard error; VAS, visual analog scale.

# Safety and Tolerability of Darigabat

- 97% of all AEs reported during darigabat treatment were mild
- No serious AEs were reported
- The most frequently reported AEs (>25%) in the darigabat treatment groups were dizziness (39%), somnolence (33%), bradyphrenia (slowed thought process [31%]), and fatigue (28%)
- In the alprazolam treatment group, the frequency of these same AEs were fatigue (55%), somnolence (50%), dizziness (15%), and bradyphrenia (5%)
- There were no clinically significant trends in ECGs, laboratory assessments, or vital signs

	Number of participants, % <sup>a</sup>				
	Placebo Alprazolam		Darigabat		
	(combined) (N=56)	1 mg BID (N=20)	7.5 mg BID (N=18)	25 mg BID (N=18)	
Any TEAE, n (%)	28 (50)	18 (90)	13 (72)	17 (94)	
Mild	26 (46)	18 (90)	12 (67)	16 (89)	
Moderate	1 (2)	0	1 (6)	1 (6)	
Severe	1 (2)	0	0	0	
Serious TEAE, n (%)	0	0	0	0	
TEAE leading to discontinuation	1 (2)	0	0	0	
TEAE related to treatment	15 (27)	17 (85)	13 (72)	17 (94)	

<sup>a</sup>The number of participants with at least 1 AE reported in either period.

AE, adverse event; BID, twice daily; TEAE, treatment-emergent adverse event.

Darigabat Exhibited Anxiolytic Effects Relative to Placebo in the CO<sub>2</sub> Inhalation Translational Model and Was Well Tolerated



### Pharmacodynamics

Both darigabat 7.5 mg BID and 25 mg BID exhibited anxiolytic effect compared with placebo in the hypercapnia model  $\checkmark$  Safety and Tolerability

Darigabat was generally well tolerated, with no serious AEs and no discontinuations in the darigabat treatment groups



**Pharmacokinetics** 

Darigabat plasma concentrations were dose related and consistent with previous trials

 This trial demonstrated the anxiolytic potential of darigabat based on reduction of acute anxiety/panic evoked by CO<sub>2</sub> inhalation in healthy participants

• Based on these results, darigabat is entering phase 2 testing for evaluation in panic disorder

BID, twice daily; PSL-IV, Panic Symptoms List-IV; VAS-F, visual analog scale – fear.

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